

Chocolate Cannoli Treats

1-1/2 cups nonfat ricotta cheese
1/4 cup confectioners sugar
1/2 teaspoon vanilla extract
36 fat-free chocolate wafer cookies or chocolate snaps
18 large strawberries, halved

Place the ricotta cheese, sugar, and vanilla extract in a food processor or blender. Process until light and creamy.

Place 1 heaping teaspoonful of the mixture in the center of each cookie, then press a strawberry half into the cheese. Arrange on a serving plate and serve immediately.

Yield: 36 servings



NUTRITION FACTS (PER SERVING)

Calories: 40 Cholesterol: 1 mg Fat: 0 g Fiber: 0.2 g Protein: 1.6 g Sodium: 22 mg

Source: *Fat-Free Holiday Recipes*